



Cotswolds Country Park & Beach, Spratsgate Lane, Cirencester, Gloucester. GL7 6DF.
Tel: 01285 770007

Web: www.head4heights.net Email: info@head4heights.net

PERSONAL INFORMATION [Please write clearly when completing this form]

By signing our consent forms, you are giving us your consent to contact you and hold your personal data. You have the right to withdraw or object to your consent at any time by contacting H4H directly on 01285 770007 or by emailing info@head4heights.net

Head 4 Heights will always treat your personal details with the most utmost care and will never sell to other companies for marketing purposes.

I consent to Head 4 Heights using photographic media from my session for the purpose of marketing/ social media channels and the Head 4 Heights Website.

Full Name:		Job Title:	
Organisation:			
Address:			
Telephone:		Mobile No:	
Email :			
Date of Birth:		Sex:	
Weight : [St/Kg]			

DOCTOR AND EMERGENCY CONTACT

Doctor's Name:		Dr's Phone No:	
Contact Name in case of emergency		Contact No. in case of emergency	
Relationship to Contact			

Please state any medical conditions/illnesses/allergic reactions that you have (e.g. asthma, heart conditions, pregnancy, back problems). We recommend that you consult a medical professional before taking part in activity.

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Please state any medication that is used to control these conditions (e.g. inhaler, adrenalin etc):

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I confirm that:

- > I have read and understood this form and declared all of my existing medical conditions.
- > I will not take part in any activity that I know may aggravate an existing medical condition.

ACCEPTANCE OF RISK

There will always be some risk involved in any type of adventurous activity, and indeed the benefits of the activity would probably be nullified if these risks were completely removed. The type of risk is generally confined to the same sort of risks that a normal adult involved in normal active recreation may experience. We consider the level of risk to be low and reasonable. However, you must decide if you also consider it reasonable. Our 'challenge by choice' approach endeavours to ensure that participation in any activity is always at your own discretion. The above declaration does not absolve Head 4 Heights of its "Duty of Care" and other legal responsibilities.

Signature of Participant :		Date:	
Please Print Name :		Instructors use:	

Head 4 Heights Ltd Registered Office:
Dennis & Turnbull, Swatton Barn, Badbury, Swindon, Wilts, SN4 0EU Company Number:
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